

December Healthy Snacks

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-----------------------------------|---|--------------------------------------|--------------------------------------|
| Apple Cinnamon Muffins | Rice Cakes with Peanut Butter | Cheese & Crackers | English Muffins | French Toast |
| Blueberry Muffins | Yogurt & Granola | Corn Muffins filled with Strawberry Jam | Bagels with Cream Cheese | Oatmeal with Brown Sugar and Berries |
| Cranberry Orange Muffins | Peanut Butter Crackers | Cheesy Bread Sticks | Trail Mix | Pancakes |
| Nachos & Salsa | Yogurt & Granola | A Holiday Treat! | NO SCHOOL Happy Holidays! | NO SCHOOL |
| Each day snack will also include fresh fruits or vegetables. | Milk is also included with snack! | | | |